

Soul Art Journeys

Transform, dream, ignite, awaken and renew your creative spirit

What does it feel like to liberate energy from your body and being able to express yourself fully and from an authentic and empowered place? You know you are meant to be an artist but you hold yourself back and you are looking for a way out.

Soul Art Journeys offers exactly that through a process called Body Mapping.

During my Soul Art Journeys I have connected with a deeper sense of joy, presence and touched the miraculous creative power we all hold in shaping our own lives.



Art transforms.

A Soul Art Journey is a sacred, creative and highly ritualized process that connects you with your creative spirit and your body's innate wisdom, and ability to be a creator of all aspects of your life.

You do not need to be an artist to participate. But you just might ignite that creative spark within you in the process!



Attend the next Soul Art Journey

Guide: Elisabeth Winnen

Date: Saturday 11/1/2014

Time: 2 pm - 5 pm

Location: 2034 NE 40th Ave

Portland OR 97212

Phone: (503)816-014

Email: ewinnen@mac.com

Register online: www.elisabethsarhouse.com

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